Digital Wellbeing
For Families

Digital Wellbeing for families

FEEL SAFE, BALANCED, AND CONNECTED IN THE DIGITAL WORLD.

Every family deserves confidence online. But with screens everywhere, finding balance isn't always easy.

We create spaces where families learn, grow, and thrive together.

FOR YOU IF YOU'RE...

- A parent seeking digital balance
- An educator supporting families
- A family ready to thrive online

https://digitalfamilies.esfc-project.com/

Digital Wellbeing for Families

WHAT WE OFFER

👪 Family Workshops

Fun, interactive sessions on digital safety, screen-time balance, and healthy habits.

📘 Educator Guidebook

Tools for teachers to support families in a changing digital world.

🎉 Digital Family Celebrations

Join events to share stories, tips, and celebrate healthy tech use!

JOIN THE JOURNEY

A partnership of organizations across Romania, Croatia, Spain, and Ireland working to empower families in the digital age.

Let's build confident digital futures together!
Interested?
Get in touch:
[Project Email] | [Phone]

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engage · enable · participate · progress

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